

## Fall TIPS Case Studies

### Case #1

- Jane, 39 year old female, admitted with chief complaint of 'seepage' of clear yellow fluid from her compression stocking. She has a past medical history of spina bifida, memory impairment, AV shunt and lymphedema.
- She was treated with IV antibiotics and dressings.
- Patient was wheelchair bound.
- Patient refused to ask for assistance with transfers to wheelchair (significant fear of electronic lift) or commode.
- Patient refused Physical Therapy during her 5 day admission.
- Multiple requests were made to have patient ask for assistance with transfer.

**Complete Morse Fall Scale based on information above:**

#### Morse Fall Risk

History of Falling

History of Falling Interventions

Secondary Diagnosis

Secondary Diagnosis Fall Interventions

Secondary Diagnosis Toileting Fall Interventions

Ambulatory Aids

Intravenous Therapy/Heparin/Saline Lock

IV/Equipment Fall Interventions

IV/Equipment Toileting Fall Interventions

Gait/Transferring

Gait/Transferring Fall Interventions

Mental Status

Mental Status Fall Interventions

List the MFS areas of risk that are present for this patient: \_\_\_\_\_

\_\_\_\_\_

List the Fall TIPS interventions that are appropriate for this patient: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Case #2**

- Dave, 45 year old man with traumatic brain injury, with a history of diabetes, osteoarthritis and hypertension, was admitted on 7/1/16 after a vehicular accident. Other injuries included fracture of left tibia/fibula which has been placed in an air cast pending definitive treatment.
- He has been impulsive and had been in a vale bed, but had been moved to a regular bed because he appeared to have better control. He has an IV in place, using crutches to walk with physical therapy only, and is only pivoting to use commode or sit in chair with assistance. While in bed or in chair, alarms were used.

**Complete Morse Fall Scale based on information above:**

<b>Morse Fall Risk</b>
History of Falling
History of Falling Interventions
Secondary Diagnosis
Secondary Diagnosis Fall Interventions
Secondary Diagnosis Toileting Fall Interventions
Ambulatory Aids
Intravenous Therapy/Heparin/Saline Lock
IV/Equipment Fall Interventions
IV/Equipment Toileting Fall Interventions
Gait/Transferring
Gait/Transferring Fall Interventions
Mental Status
Mental Status Fall Interventions

List the MFS areas of risk that are present for this patient: \_\_\_\_\_

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List the Fall TIPS interventions that are appropriate for this patient: \_\_\_\_\_

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**Case #3**

- On Sunday evening, the nurse was in the room attending to the other patient, the patient Dave's bed alarm went off. By the time the nurse reached patient, patient was out of bed and fell on floor on buttocks.
- On inspection, the patient had an abrasion with a small laceration on left arm with mental status that was similar to above pre-fall assessment. Further assessment and examination revealed no other visible injury. Patient placed back in bed. Physician was notified. The resident arrived and assessed the patient for other injuries from fall.

**Complete Fall TIPS tool based on new information above:**

<b>Morse Fall Risk</b>
History of Falling
History of Falling Interventions
Secondary Diagnosis
Secondary Diagnosis Fall Interventions
Secondary Diagnosis Toileting Fall Interventions
Ambulatory Aids
Intravenous Therapy/Heparin/Saline Lock
IV/Equipment Fall Interventions
IV/Equipment Toileting Fall Interventions
Gait/Transferring
Gait/Transferring Fall Interventions
Mental Status
Mental Status Fall Interventions

List the MFS areas of risk that are present for this patient: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List the Fall TIPS interventions that are appropriate for this patient: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Fall TIPS Case Study Answers

### Case #1

Risk factors: secondary diagnosis (medication side effects), IV, mental status

Interventions: toileting schedule assist to commode, IV assistance when walking, bed alarm on

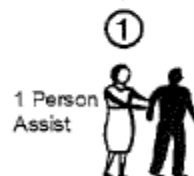
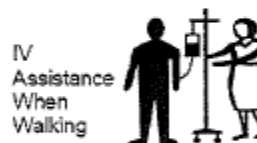
### Fall TIPS Poster Answer

**Fall TIPS:**  
**Call, Don't Fall**  
***Avoid Slips, Trips, and Broken Hips!***

#### FALL RISKS



#### FALL INTERVENTIONS



## Case #2

Risk factors: secondary diagnosis (medication side effects), IV, impaired gait, mental status

Interventions: toileting schedule to commode, IV assistance when walking, 1 person assist out of bed, crutches, bed alarm on

### MFS Risk Status Answer

- Secondary diagnosis
- Ambulatory aid: crutches
- IV/heplock
- Unsteady gait
- Mental status

### Fall TIPS Screensaver Interventions Answer



### Case #3

Risk factors: history of falls, IV, secondary diagnosis, impaired gait, mental status

Interventions: communicate recent fall, IV assistance when walking, toileting schedule to commode, 1 person assist out of bed, crutches, bed alarm on

### MFS Risk Status Answer

- History of falls
- Secondary diagnosis
- Ambulatory aid: crutches
- IV/heplock
- Unsteady gait
- Mental status

### Fall TIPS Screensaver Answer

