

Fall Assessment Simulation Center Exercises

Roles: **Nurse** and Patient

Instructions: Break into groups of two and choose a scenario below. One of you will play the role of the nurse, while the other will play the role of the patient. These are fundamental guidelines meant to represent the scenario, but feel free to get creative and add in details about the patient. Spend about 10 minutes reading the scenario and planning how to act it out. When acting out the scenario for the group, please be sure to complete the fall risk assessment with the patient. Complete the Morse Fall Scale documentation in EPIC and print out the report. Be sure to engage in the patient in the fall prevention plan.

Scenario 1

- Mary, a 52-year-old woman, was admitted to the hospital for gall bladder surgery. To assess mental status, you ask her: “Are you able to go to the bathroom alone, or do you need assistance?” Mary responds “I’m fine, I get up all the time by myself when I’m at home. I’ve never fallen before either.” However, you notice that Mary has an IV pole, is on sedatives and has an order for out of bed with assist only.
- **Which intervention for mental status would you select when completing your fall risk assessment?**
- **Demonstrate how you would explain this to Mary and engage Mary in her fall prevention plan.**

Scenario 2

- Paul, a 45-year-old patient, has just had orthopedic surgery and is taking blood thinners. When conducting the fall risk assessment, he says the last time he fell was while playing tennis and that he maintains an active lifestyle outside of the hospital. You are explaining Paul’s fall risks and fall prevention plan, but you can tell he does not believe he is at risk
- **Demonstrate how you would use the ABCS of harm to engage and educate your patient.**

Scenario 3

- While passing morning medications to Mrs. Adams, she asks to use the bathroom. You notice that she has a walker at her bedside but as she gets up, Mrs. Adams grabs for the bedside table. You hand her the walker. Mrs. Adams grabs the walker but needs your assistance to steady herself before she can slowly shuffle to the bathroom.
- **Demonstrate how you would rate Mrs. Adams for both ambulatory aid and gait on the MFS.**
- **Demonstrate how you would engage Mrs. Adams in a fall prevention plan to address the risk factors observed.**